



Northumbria Healthcare
NHS Foundation Trust

Rothbury update

7 January 2020

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Our ambition

- To implement an integrated nurse / therapist led 24-hour community care facility, with medical cover and a flexible bed base, at Rothbury Community Hospital
- The integrated care hub will be managed by the Trust's community business unit and our aim is to have this operational from April 2020
- The team will be separate and additional to the current teams who provide care for the local population
- Patient care will be interchangeable either in their home or in a hospital bed depending on clinical need

This will involve...

The Clinical family includes:

- Nurses
- Allied health professionals (occupational therapy, physio)
- Elderly care physicians
- Social care professionals
- Specialists in palliative care
- General practitioners
- NEAS
- Other partners

Our aims and objectives

- To avoid acute hospital admissions
- 24 hour team dedicated community care either in the patients own home or in 6 inpatient beds
- Proactive focus on patients with long term conditions
- Hub for public health support
- Provide interface support to residential care homes
- Establish the use of telemedicine to support patients
- Create outreach clinics
- Collect outcome data – clinical and quality of life

Our long term goal

- Step up / step down support including:
 - six inpatient beds
 - end of life care
 - overnight provision for relatives and carers
- Rehabilitation support - outreach clinics
- Fully integrated model with a public health facility:
 - social prescribing activities
 - dementia support
- Providing education for relatives to support the delivery of care

Where we are now

- Continuing the conversation with the local community
- Setting up a project board to oversee the implementation of the model of care
- Operational working group in place which will report to the project board
- Lead nurse post shortlisted
 - Crucial they are involved with recruiting the rest of the team
 - Team recruitment will commence January
 - Development of Clinical protocols and standards

There will be challenges...

- Recruitment
 - staff are interested and keen to apply for posts
- Timescales
 - Project board convened
 - Scoped renovations
- Communication & Understanding of the new model of care
 - we are confident this will offer the best outcomes for patients

Next steps

- First meeting of the project board Jan 2020
- Continue recruitment
- Maintain open communications
- Agreement from Northumberland Clinical Commissioning Group – 22 January 2020
- Finalise the finances
- Ensure contractual partnership arrangements in place



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Any questions?

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